

## **Small quilts for the Lister Hospital, Stevenage, Hertfordshire**

### **A simple cot quilt, with borders.**

Measurements - 16" x 22"

This is an approximate size, some are a little larger and some slightly smaller.

Cut

- A centre panel 10x 16in
- Borders 3 ½ " wide
- Backing 17 x 23 in
- Wadding 17 x 23in

Stitch borders on around the central panel.

Layer the three pieces together

1. Wadding
2. Backing, with right side facing up
3. Top, with the wrong side facing up

Stitch all around the outside edge, leaving a 4 in gap.

Turn inside out. (Bagging)

Stitch up opening

Quilt simply as you prefer.

You can do any patchwork, quilting or applique, hand or machine, on these quilts and finish them in any method you prefer including binding the edges, to make them attractive to the mother and baby. These small quilts can also be made with no piecing or quilting, just two pieces of fabric and a piece of thin wadding, 'bag' and finish as above. The original instructions for these small quilts came from Marie MacBean.

Please pass the finished quilts to:-

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